WHAT IS CLAIMED IS:

1. An optical recording apparatus for recording data on a recording medium by optical recording, comprising:

write means for writing data to said recording medium; and

control means for controlling session closing for enabling another reading apparatus to read the written data; wherein said control means performs session closing in accordance with conditions for session closing.

- 2. An optical recording apparatus according to Claim 1, wherein said control means starts session closing after a predetermined period of time elapses since reception of a signal to perform session closing.
- 3. An optical recording apparatus according to Claim 2, wherein said control means displays the remaining time from the reception of the signal to perform session closing until the start of session closing.
- 4. An optical recording apparatus according to Claim 2, wherein said control means confirms, after the predetermined period of time elapses since the reception of the signal to perform session closing, whether to perform session closing.

- 5. An optical recording apparatus according to Claim 2, wherein said control means gives, after the reception of the signal to perform session closing, a warning to put said optical recording apparatus on a steady object.
- 6. An optical recording apparatus according to Claim 1, further comprising vibration detecting means for detecting vibrations, wherein said control means does not start session closing when said vibration detecting means detects vibrations.
- 7. An optical recording apparatus according to Claim 6, wherein said control means starts session closing after a predetermined period of time elapses since reception of a signal to perform session closing.
- 8. An optical recording apparatus according to Claim 7, wherein said control means displays the remaining time from the reception of the signal to perform session closing until the execution of session closing.
- 9. An optical recording apparatus according to Claim 7, wherein said control means does not start session closing when said vibration detecting means detects vibrations

within the predetermined period of time from the reception of the signal to perform session closing.

- An optical recording apparatus according to Claim
 wherein said recording medium comprises one of a write once recording medium and a rewritable recording medium.
- 11. An optical recording method for recording data on a recording medium by optical recording, comprising the steps of:

writing data to said recording medium; and

performing session closing for enabling another reading

apparatus to read the written data in accordance with

conditions for session closing.

- 12. An optical recording method according to Claim 11, wherein session closing is started after a predetermined period of time elapses since reception of a signal to perform session closing.
- 13. An optical recording method according to Claim 12, wherein the remaining time from the reception of the signal to perform session closing until the start of session closing is displayed.

- 14. An optical recording method according to Claim 12, wherein, after the predetermined period of time elapses since the reception of the signal to perform session closing, it is confirmed whether to perform session closing.
- 15. An optical recording method according to Claim 12, wherein, after the reception of the signal to perform session closing, a warning is given to put said optical recording apparatus on a steady object.
- 16. An optical recording method according to Claim 11, further comprising a vibration detecting step of detecting vibrations, wherein, when vibrations are detected in said vibration detecting step, session closing is not started.
- 17. An optical recording method according to Claim 16, wherein session closing is started after a predetermined period of time elapses since reception of a signal to perform session closing.
- 18. An optical recording method according to Claim 17, wherein the remaining time from the reception of the signal to perform session closing until the execution of session closing is displayed.

- 19. An optical recording method according to Claim 17, wherein session closing is not started when vibrations are detected, in said vibration detecting step, within the predetermined period of time from the reception of the signal to perform session closing.
- 20. An optical recording method according to Claim 11, wherein said recording medium comprises one of a write-once recording medium and a rewritable recording medium.
- 21. A digital still camera comprising: image pickup means for capturing an image of a subject; image processing means for processing the captured image data;

read-write means for reading data from and/or writing data to a recording medium; and

control means for controlling session closing for enabling a reading apparatus to read the recorded data;

wherein said control means performs session closing in accordance with conditions for session closing.

22. A digital still camera according to Claim 21, wherein said control means starts session closing after a predetermined period of time elapses since reception of a signal to perform session closing.

- 23. A digital still camera according to Claim 22, wherein said control means displays the remaining time from the reception of the signal to perform session closing until the start of session closing.
- 24. A digital still camera according to Claim 22, wherein said control means confirms, after the predetermined period of time elapses since the reception of the signal to perform session closing, whether to perform session closing.
- 25. A digital still camera according to Claim 22, wherein said control means gives, after the reception of the signal to perform session closing, a warning to put said optical recording apparatus on a steady object.
- 26. A digital still camera according to Claim 21, further comprising vibration detecting means for detecting vibrations, wherein said control means does not start session closing when said vibration detecting means detects vibrations.
- 27. A digital still camera according to Claim 26, wherein said control means starts session closing after a predetermined period of time elapses since reception of a

signal to perform session closing.

- 28. A digital still camera according to Claim 27, wherein said control means displays the remaining time from the reception of the signal to perform session closing until the execution of session closing.
- 29. A digital still camera according to Claim 27, wherein said control means does not start session closing when said vibration detecting means detects vibrations within the predetermined period of time from the reception of the signal to perform session closing.
- 30. A digital still camera according to Claim 27, wherein said recording medium comprises one of a write-once recording medium and a rewritable recording medium.